

## **Background of the Study**

Maternal Mortality is the death of a woman while pregnant or within 42 days of termination of pregnancy irrespective of the duration and the site of the pregnancy, from any cause related to or aggravated by the pregnancy or its management but not from accidental or incidental causes (World Health Organisation (WHO), 2009). The scale of worldwide maternal death is shocking. The United Nations Population Fund (UNFPA) in 2008 records that one woman dies in childbirth every minute, with over half a million women dying per year. Most of these deaths can be prevented. Preventable maternal death and disability are increasingly recognized as pressing human rights issue, encompassing questions of resource allocation and political commitment, for which governments must be held accountable. The situation in Nigeria illustrates the importance of government accountability in effectively reducing maternal death. With a population of over 140 million, Nigeria is the most populous country in Africa and the tenth most populous in the world (National Population Commission (NPC), 2007). The incidence of maternal death in Nigeria is one of the worst in the world (CIA, 2008). Resources alone do not automatically translate into a reduction in maternal death. The World Health Organization in 1999 identified long-term political will or commitment as an indispensable factor for the reduction of maternal death. This means that governments and decision makers must develop adequate laws, policies, and measures, and must ensure their execution by making the necessary funds available. Likewise, they must implement international and regional laws and policies that impact on maternal health. While the Nigerian government has ratified most relevant international and regional treaties and has developed policies aimed at improving reproductive health, including maternal health, these actions have not translated into effective implementation and resource allocation. The number of maternal deaths in Nigeria which is 545 maternal deaths per 100,000 live births is second only to that of India (Centre for Disease Control (CDC), 2007). The majority of these maternal deaths, as in the rest of the world, are preventable, and while the causal factors can be multiple and complex, governments must be held accountable when their actions or inaction contribute to this ongoing loss of women's lives. WHO in 2007 also identifies Nigeria as having the world's second-highest number of maternal deaths with approximately 59,000 of such deaths taking place annually.

While the Nigerian government has repeatedly identified maternal mortality and morbidity as a pressing problem and developed laws and policies in response, these actions have not translated into a significant improvement in maternal health throughout the country. A number of factors inhibit the provision and availability of maternal health care in the country and these include lack of implementation of laws and policies, the prevalence of systemic corruption, weak infrastructure, ineffective health services, and the lack of access to skilled health-care providers. Nigeria's national government is divided into three distinct tiers: the federal, the state, and the local governments. The 1999 Nigerian Constitution, which outlines the powers and responsibilities of each tier, is silent about their specific health-care responsibilities. This omission has resulted in overlaps and uncertainty regarding the division of these obligations, which has enabled each level of government— particularly the local tier—to shirk its duties in this regard (Health Reform Foundation of Nigeria (HERFON), 2008). In the absence of a constitutional sharing of powers and outlining of responsibility for health care, the 1988 National Health Policy and Strategy to Achieve Health for All Nigerians (1988 National Health Policy) allocates the primary health sector to the local government, the secondary health sector to the state government, and the tertiary health sector to the federal government (Federal Ministry of Health (FMOH), 1988). As a result, the three tiers of government are chiefly responsible for three different levels of health care, with

the federal government having little control over both the state and local governments in the discharge of their duties. In addition, the 1988 National Health Policy lacks legal force; unlike the constitution or other legislation, it cannot impose legal obligations. The absence of a constitutional or other legal prescription of health-care responsibilities has resulted in a dysfunctional health-care system in which all three tiers of government have failed to prioritize their health-care duties (HERFON, 2006), and have faced no political or legal repercussions for doing so.

The problem is particularly visible at the primary health-care level, which constitutes the first point of contact with the health-care system, and for which the local governments are chiefly responsible. While the 1988 National Health Policy, in accordance with the Declaration of Alma-Ata, states that the provision of primary health care is indispensable if the health of Nigerians is to be improved, the collapse of this level of care is well acknowledged (HERFON, 2007). Results of other fact findings on some local governments have detailed both the availability of huge financial allocations and the extensive corruption that depletes substantial funds that would have otherwise improved the health sector (Human Right Watch, 2008). The consequences of the separation of governmental responsibility for health care, such as the inability of the federal government to compel the other levels of government—particularly the local level—to fulfil their policy obligations, can be grave. In the Health Sector Reform Programme: Strategic Thrusts with a Logical Framework and Plans of Action, 2004-2007 (2004 Health Sector Reform Programme) the Federal Ministry of Health (FMOH) calls for the passing of a National Health Act that would address this gap in the constitution. Along these lines, a bill on the National Health Act was introduced before the National Assembly of Nigeria about three years ago. The Executive Secretary of the Health Reform Foundation of Nigeria, a non-governmental organisation that has pushed for the passage of the bill, identified some of the crucial aspects of the proposed act (Ibrahim, 2008). They include a provision on health-care funding that mandates that the federal government provide 2% of the financing for primary health care, a provision that requires local governments to ensure minimum health care to all citizens, including primary health care, and a provision that obligates state and local governments to contribute specified funds to health care. The upper house of the National Assembly (the Senate) had initially suspended the bill, but subsequently passed it in May 2008 (National Health Bill, 2008). The bill, which must also be passed by the lower house (the House of Representatives) and receive the president's assent before becoming law, does not resolve the uncertainty over each tier's responsibility for health-care provision. While there is hope that ongoing moves for constitutional reform will eventually resolve the issue, enacting such change is often a painstaking and lengthy process. The objective of this study was to determine the perceptions of Local Government Legislators and identified political strategies for maternal mortality reduction in Ibadan, Nigeria.

## **METHODOLOGY**

### **The Study Area**

The study is a community-based descriptive and exploratory one. The scope of the study is delimited to awareness, perceptions and political strategies for reducing maternal mortality.

### **Study Population**

The study population for this study is the Local Government Legislators in all the eleven Local Government Council Areas in Ibadan, Oyo State.

### **Sampling Procedure**

The total population for this study was 110 Legislators in all the LGAs in Ibadan.

### **Methods for Data Collection**

Quantitative (semi-structured questionnaires) method of data collection was adopted for the study. A self administered questionnaire was used to obtain the necessary information from legislators. The questionnaire was developed by the researcher based on literature reviewed with inputs from health promotion specialists in the Faculty of Public Health, University of Ibadan. The questionnaire was used to collect information on the socio-demographic data of the respondents, awareness of maternal mortality, knowledge of maternal mortality, attitudes on maternal mortality, perceptions on maternal mortality and perceived political strategies for reducing maternal mortality reduction. The questionnaire consisted of both open-ended and close-ended questions and was administered by the researcher. The researcher went round all the local governments that were used for the study. The questionnaire was administered in English because all the legislators have at least secondary school certificate which is the lowest qualification to be a legislators in local government.

A 30-point knowledge scale was used to measure the respondents' knowledge. A correct knowledge attracted one point while a wrong knowledge was zero. A score of  $\leq 10$  points was considered poor while scores between 11-20 points and 21-30 points were considered fair and good knowledge respectively. A 22-point likert scale was used to measure attitudinal disposition of the respondents to maternal mortality. A positive attitude attracted a score of 2 points while the score for a negative attitude was zero. Scores of  $< 12$  and  $\geq 12$  points were considered negative and positive attitude respectively. Perceptions of MM were also determined using a 22-point perception scale. A positive perception attracted a score of 2 points while the score for a negative perception was zero. Scores of  $< 12$  and  $\geq 12$  points were considered negative and positive perceptions respectively.

### **Data Collection Procedure and Analysis**

110 questionnaires were self-administered. The leader of the legislators' in each LGA were first contacted by the researcher. During the meeting, the detailed objectives of the study were explained to the leaders to facilitate entry to the Local Government and access to other legislators. Questionnaires were personally distributed by the researcher who went round the 11 LGAs in Ibadan. The data were collected within the period of 43 days. The Statistical Package for Social Sciences (SPSS) was used for the analysis of the data. Descriptive statistics and Chi-Square were used. Frequencies were generated and cross tabulation of some variables.

## RESULTS

### Demographic Characteristics of the Respondents

The age of the respondents ranged from 20-55 years with mean age of  $36.5 \pm 7.2$  years. Males constituted 90.0% of the surveyed population, 91.8% of all the respondents were married and out of these 24.5% were in polygamous marriage. Seventy-two (65.5%) respondents were Muslims, 41.8% had OND/NCE and 69.1% have spent 3 years as legislators. (Table 4.1)

**Table 4.1: Socio-demographic characteristics of the respondents**

Socio demographic variables	N =110 No	%
<b>Age (years)</b>		
20-29	18	16.4
30-39	59	53.6
40-49	28	25.5
50-59	5	4.5
<b>Sex:</b>		
Male	99	90.0
Female	11	10.0
<b>Marital status:</b>		
Single	9	8.2
Married	101	91.8
<b>Type of Marriage:</b>		
Monogamous	74	67.3
Polygamous	27	24.5
<b>Religion practice:</b>		
Christianity	38	34.5
Islam	72	65.5
<b>Educational Status:</b>		
Secondary Education	38	34.5
OND/NCE	46	41.8
HND/BSc	26	23.6
<b>Years as a legislator:</b>		
2	23	20.9
3	76	69.1
6	11	10.0

### Awareness of maternal mortality

Forty three (39.1%) of the respondents were not aware of high maternal mortality in Nigeria and 60.9% were aware of women who died during pregnancy or childbirth in their constituency. Majority of the respondents (91.8%) were not aware of any existing policies to reduce maternal mortality. All the respondents (100.0%) who were aware of existing policies mentioned MDG as the only policy they aware of. (Table 4.2)

**Table 4.2: Respondents awareness of Maternal Mortality**

<b>Variable</b>	<b>N =110 No</b>	<b>%</b>
Awareness of maternal mortality Yes No	67 43	60.9 39.1
Aware of women who died during pregnancy or childbirth Yes No	67 43	60.9 39.1
Awareness of the existing policies on maternal mortality reduction Yes No	9 101	8.2 91.8
Policies aware MDG	9	100

**Respondents' Knowledge of Maternal Mortality**

The overall mean knowledge score of the respondents' was  $16.3 \pm 4.4$ . The mean knowledge scores of respondents with first degree, OND/NCE and SSC were  $19.9 \pm 3.3$ ,  $16.2 \pm 4.5$  and  $14.0 \pm 3.1$  points respectively ( $p < 0.05$ ) and mean knowledge score of male and female were  $16.4 \pm 4.4$  and  $15.8 \pm 4.2$  respectively ( $p > 0.05$ ). Twenty (18.2%) of the respondents had a poor knowledge, 65.5% had fair knowledge and the remaining 16.3% had a good knowledge. Majority (87.3%) of the respondents did not know the current maternal mortality ratio and 50.9% did not know that women are at risk of maternal mortality when they have malaria during pregnancy. Many (53.6%) of the respondents did not know that "traditional birth attendants" are not skilled attendant at birth and majority 65.5% did not see women empowerment as one of the ways of preventing maternal mortality. **(Table 4.3)**

**Table 4.3 Respondents' knowledge on Maternal Mortality**

	<b>Knowledge of maternal mortality</b>	<b>True</b>	<b>False</b>
1.	Direct causes of pregnancy-related death a. Bleeding* b. Unsafe abortion* c. HIV/AIDS d. Headache e. Infection* f. Rheumatism g. Cancer h. Hypertension*	96 (87.3%) 74 (67.3%) 76 (69.1%) 31 (28.2%) 61 (55.5%) 66 (60.0%) 84 (76.4%) 81 (73.6%)	14 (12.7%) 36 (32.7%) 34 (30.9%) 79 (71.8%) 49 (44.5%) 44 (40.0%) 26 (23.6%) 29 (26.4%)
2.	One of the Millennium Development Goals calls for the reduction of maternal mortality ratio by three-quarters, by 2015, from the 1990 level.	76 (69.1%)*	34 (30.9%)
3.	The current maternal mortality ratio in Nigeria is 350 deaths per 100,000 live births.	96 (87.3%)	14 (12.7%)*
4.	Most maternal deaths occur during: a. Antenatal period b. Labour* c. Birth* d. Breast feeding	68 (61.8%) 103 (93.6%) 76 (69.1%) 50 (45.5%)	42 (38.2%) 7 (6.4%) 34 (30.9%) 60 (54.5%)
5.	Women are at risk of maternal death when they have malaria during pregnancy.	54 (49.1%)*	56 (50.9%)
6.	A "skilled attendant" at birth may include all of the following: a. A nurse/midwife* b. A doctor* c. A trained traditional birth attendant d. Herbalist e. Auxiliary nurse	106 (96.4%) 106 (96.4%) 59 (53.6%) 26 (23.6%) 38 (34.5%)	4 (3.6%) 4 (3.6%) 51 (46.4%) 84 (76.4%) 72 (65.5%)
7.	Prevention of maternal mortality. a. Antenatal care* b. Tuberculosis services c. Family planning* d. Post abortion care* e. Cancer screening f. HIV counseling and testing g. Supervised delivery care* h. Breast feeding i. Public health education* j. Empowerment of women*	106 (96.4%) 75 (68.2%) 82 (74.5%) 55 (50.0%) 87 (79.1%) 101 (91.8%) 98 (89.1%) 49 (44.5%) 75 (68.2%) 38 (34.5%)	4 (3.6%) 35 (31.8%) 28 (25.5%) 55 (50.0%) 23 (20.9%) 9 (8.2%) 12 (10.9%) 61 (55.5%) 35 (31.8%) 72 (65.5%)

\*Correct responses

### Respondents' Attitude towards Maternal Mortality

The overall mean attitudinal score of the respondents was  $14.1 \pm 4.5$ . The mean attitudinal scores of respondents with first degree, OND/NCE and SSC were  $17.4 \pm 2.8$ ,  $13.4 \pm 4.6$  and  $12.8 \pm 4.3$  points respectively ( $p < 0.05$ ) and the mean attitudinal score of male and female were  $14.3 \pm 4.5$  and  $13.0 \pm 4.6$  respectively ( $p > 0.05$ ). Many 64.5% of the respondents had a positive attitudinal score while 39 (35.5%) had negative attitude score. Negative attitudes among respondents included “*not supporting a bill to restrict the legal age of marriage because it will cause promiscuity (54.5%)*” and “*a woman using family planning is promiscuous (51.8%)*”. (Table 4.4)

**Table 4.4: Respondents' Attitude towards Maternal Mortality**

S/n	Attitudinal Statement	Agree	Disagree	Not Sure
1	If a woman is using family planning I know she is promiscuous	57 51.8%	29 26.4%	24 21.8%
2	I know pregnant women will not go to traditional doctors when there are maternity centres	67 60.9%	12 10.9%	31 28.2%
3	I cannot support more allocation of resources to maternal health, because health workers will not utilize it judiciously.	23 20.9%	60 54.5%	27 24.5%
4	I don't prefer traditional birth attendants to government midwives/nurses for delivery	78 70.9%	8 7.3%	24 21.8%
5	I cannot support a bill to restrict the legal age of marriage because it will cause promiscuity	60 54.5%	37 33.6%	13 11.8%
6	I want pregnant women to pay for antenatal care services for them to appreciate it	31 28.2%	70 63.6%	9 8.2%
7	I cannot support more construction of maternity centres in rural areas because they will not use it.	11 10%	86 78.2%	13 11.8%
8	I want legislators to enforce implementation of existing policies on maternal health.	89 80.9%	10 9.1%	11 10.0%
9	I support legislation on compulsory female child education to reduce maternal mortality	83 75.5%	18 16.4%	9 8.2%
10	I don't want sexuality education to be encouraged for adolescents because they will be promiscuous	49 44.5%	42 38.2%	19 17.3%
11	I want maternal health services to be provided at grassroot level to create more access to the services.	104 94.5%	4 3.6%	2 1.8%

### Respondents' Perceptions on Maternal Mortality

Respondents mean perception score was  $10.6 \pm 4.6$  and the mean perception scores of respondents with first degree, OND/NCE and SSC were  $13.4 \pm 4.0$ ,  $9.9 \pm 5.2$  and  $9.4 \pm 3.5$  respectively ( $p < 0.05$ ). Many (54.5%) were of the perception that legislation on compulsory use of antenatal care would not reduce MM. The perception of 78.2% was that abortion should not be legalized in spite of its association with MM when done illegally. The opinion of 60.9% was that legislators should not finance maternal health projects from their constituency allowance. (Table 4.5)

**Table 4.5: Respondents' perceptions on maternal mortality**

	Statement	Agree	Disagree	Not sure
1	Legislation on compulsory use of antenatal care services will not reduce maternal mortality	60 54.5%	38 34.5%	12 10.9%
2	Women should be encouraged to use family planning to reduce maternal mortality	64 58.2%	31 28.2%	15 13.6%
3	Maternal mortality is not a very serious problem that needs immediate attention.	17 15.5%	67 60.9%	26 23.6%
4	Appointment of more doctors by local governments is costly and will not reduce maternal death	42 38.2%	58 52.7%	10 9.1%
5	Legislators' lack of knowledge on the existing policies on maternal health contributes to maternal mortality.	43 39.0%	50 45.5%	17 15.5%
6	Traditional birth attendants are contributing to maternal death by providing substandard care	71 64.5%	21 19.1%	18 16.4%
7	The number of pregnancies a woman had would not affect her health	28 25.5%	50 45.5%	32 29.1%
8	Maternal mortality is not a threat to Nigeria economy	33 30.0%	42 38.2%	35 31.8%
9	Maternal health programmes should be personally financed by the legislators from their constituency allowance.	42 36.2%	67 57.8%	7 6.0%
10	Inadequate monitoring of maternal health programmes by the legislators contributes to maternal mortality.	41 37.3%	62 56.4%	7 6.4%
11	Abortion should be legalized in spite of its association with maternal mortality.	36 32.7%	67 60.9%	7 6.4%



### **Suggested Political Strategies for Maternal Mortality Reduction**

Respondent were asked to proffer strategies for building political will for the reduction of maternal mortality in Nigeria. Various strategies were proffered and these included regular training workshop for political leaders on maternal health (100%), good human relationship between the medical officer of health and political leaders (97.3%), and awareness by international agencies and provision of financial and technical resources (96.4%). (Table 4.6)

**Table 4.6: Suggested Political Strategies for Maternal Mortality Reduction**

	<b>Suggested Strategies</b>	<b>No</b>	<b>%</b>
1	Regular training workshop for political leaders on maternal health	110	100%
2	Involvement of party leaders to give maternal health a priority among party programmes.	97	88.2%
3	Advocacy by community leaders for elected leaders	53	48.2%
4	Involvement of royal fathers to speak with political leaders to give maternal health a priority.	88	80.0%
5	Good human relationship between the medical officer of health and political leaders	107	97.3%
6	Providing credible evidence to show political leaders a problem exist.	96	87.3%
7	Awareness by international agencies and provision of financial and technical resources.	106	96.4%
8	Women pressure group	69	62.7%

**N.B:** Multiple responses included

## **DISCUSSION**

This study was designed to explore the attitude and perceptions of Local Government Legislators in Ibadan on maternal mortality and strategies for generating political will for its reduction. Political priority for safe motherhood remains nascent because Nigerian government provides minimal financial resources for maternal mortality reduction and with only a few exceptions, state and local governments pay virtually no attention to the issue.

### **Demographic Characteristics of Respondents**

The age range of the respondents was 20-55 years. The minimum age of 20 years reflects the minimum age to be a legislator at the Local Government. The preponderance of male among respondents showed that politics in Nigeria is a male dominated profession. All the respondents have at least Secondary School Certificate. This may be due to the fact that educational qualification is part of the requirements to be a legislator in Nigeria. Some legislators have spent 6 years in office as legislators because they were elected to serve for second term after their first term of 3 years and this is constitutionally allow in Nigeria. Majority of the respondents were Muslims because Ibadan (study area) indigenes were predominately Muslims.

### **Awareness and Knowledge of Maternal mortality**

More than a quarter of the respondents were not aware that maternal mortality is high in Nigeria. This is an indication that there is no adequate sensitization and advocacy for legislators on maternal mortality at the local government. This finding is similar to the study by Lawoyin et al 2007 where respondents were asked if they knew someone who had died a maternal death – while pregnant, at delivery, or within 42 days of termination of pregnancy from a cause related to or aggravated by the pregnancy – 47.8% answered in the affirmative. Many of the legislators were aware of women who died during pregnancy or childbirth in their constituencies, this may be because they were community leaders and were more likely to be informed of every incidence in their communities. The respondents showed a fair knowledge of maternal mortality. A large proportion of the respondents did not know the current maternal mortality ratio in Nigeria. This corresponds to the study by Okonofua et al (2009) which revealed that only 2 out of 49 policymakers interviewed correctly reported the current maternal mortality statistics. Bleeding was identified by the respondents as the major cause of maternal mortality. This finding is also consistent with those of Okonofua et al (2009) study where bleeding during childbirth (obstetric hemorrhage) was the complication most commonly cited by the respondents as a medical cause of maternal mortality. Many of the respondents believed that HIV/AIDS is one of the direct causes of maternal mortality. This is a clue that these legislators did not also have adequate knowledge of HIV/AIDS. Half of the respondents' believed that women are not at risk when they have malaria during pregnancy. This showed that some people still do not see malaria as a serious health problem that needs immediate attention especially for the pregnant women. More than half of the respondents see TBAs as skilled attendants at birth. According to the respondents in a study by Lawoyin et al (2007), the more important reasons for using unskilled workers were the high cost and lack of access to health facility care.

Many of the legislators did not see post abortion care as one of the ways to prevent maternal death. This finding is similar to the study by Shamshiri-Milani et al, 2003 in Iran where a strong disagreement was observed towards abortion among policymakers studied.

### **Attitude towards maternal mortality**

The participants overall attitude was positive. A large number of the respondents demonstrated their agreement with more allocation of resources to maternal health. Federal budgetary resource for maternal mortality reduction in Nigeria is a dearth. It was in 2004 for the first time that Federal Government provided a line item allocation for reproductive health, a portion of which was directed towards safe motherhood. Many participants had negative attitude towards sexuality education for adolescents because of the belief that they will be promiscuous. The National Council on Education and Health had approved a National Curriculum for Sexuality Education in Primary and Secondary Educational Institutions in Nigeria, but a sizeable number of states, especially the predominately Muslim states in Northern Nigeria, have failed to adopt the curriculum because of religious and moral considerations. Many of the legislators want maternal health services to be provided at grass root level to create more access to the services. They suggested that an improved system would increase access to appropriate services, including family planning and post abortion care. This finding is similar to the study by Okonofua et al (2009) where many policymakers cited improving healthcare system as essential for maternal mortality reduction. A large proportion of legislators supported the idea of free medical services for pregnant women; this suggests that there is a broad support for the recent decision of the Federal Government and some State Governments in Nigeria to offer free medical services to pregnant women to improve maternal survival. This is also in accordance with the findings of Okonofua et al (2009) which revealed that a large proportion of policymakers supported the idea of free medical services for women, including post-abortion care. When asked if they support the use of family planning as one of the ways to reduce maternal death, a majority disagreed; they agreed that women who are using family planning are promiscuous. This belief will compromise preventive measure because access to family planning or contraceptives methods is an important strategy in reducing maternal mortality. However, the Nigerian government has failed to take steps to ensure access to these methods; many Nigerian women therefore do not benefit from this crucial option. The consequences of this low usage of family planning methods include a high occurrence of unplanned pregnancies which therefore increase the likelihood of exposure to unsafe abortion. Many of the respondents agreed that legislators should enforce the implementation of existing policies on maternal health. Several national and regional laws and policies obligate Nigeria to provide health services in a manner that is adequate, affordable and accessible. The 2001 National Reproductive Health Policy and Strategy to Achieve Quality Reproductive and Sexual Health for all Nigerians calls for the empowerment health care providers to provide comprehensive (including referral), client-oriented reproductive health services that are of quality, equitably accessible, affordable and appropriate to the needs of individual men and women, families and communities, especially underserved groups. The policy specifically calls for the removal of all forms of barriers that limit access to comprehensive, integrated and qualitative reproductive health care. This policy is in line with men's opinions on what should be done to address maternal mortality. In a study by Lawoyin et al (2007), men suggested to Government to provide specialized (obstetric) antenatal care and making it close to the masses. They also suggested that Government should help the poor, equip hospitals, train more doctors and increase the number of clinic and health facilities, build community awareness about maternal deaths and the need to get care at facilities provided free care and subsidized treatment and encourage family planning.

### **Perceptions on maternal mortality**

The participants overall perception was negative. Many of the respondents were of the perception that the number of pregnancies a woman had would not affect her health. This is an indication that the respondents may not support their wives for family planning. In a study carried out in the Republic of Benin, a neighboring West African country, none of the men interviewed in a reproductive health survey thought that the number of pregnancies a woman had would affect her health (Lawoyin et al., 2007). More than half of the respondents disagreed with the notion that legislators should personally finance maternal health programmes from their constituency allowance. This could be one of the contributors to inadequate resources to maternal health because legislators are also constitutionally charged with the responsibility of implementing constituency project from their constituency allowance. One of the challenges facing the local government is the provision of an adequate number of skilled health-care providers to handle the huge influx of women that come for services and some of the respondents were of the opinion that appointment of more doctors by local government is costly and will not reduce maternal death. In all the local governments in the study area, there is only one medical officer for health in each local government and only one medical officer cannot serve the whole local government. Majority of the respondents disagreed that abortion should be legalized in spite of its association with maternal mortality. This corresponds with the findings by Okonofua et al (2009) where many of the policymakers thought that liberalization would increase the number of abortions. They opined that abortion should not be legal under any circumstances and a significant proportion suggested that the solution to unsafe abortion is not to legalize the procedure but to provide sexuality education. Unsafe abortions are a major cause of maternal death in Nigeria. Both the human rights committee and the CEDAW committee have expressed concern and issued recommendations about it in regard to Nigeria. It is important to note that the Maputo Protocol provided in Article 14 (2) (c) that a state's obligation to guarantee the right to health includes protecting 'the reproductive rights of women by authorizing medical abortion in cases of sexual assault, rape, incests and where the continued pregnancy endangers the mental and physical health of the mothers' (Protocol to the African Charter on Human and Peoples' Rights on the Rights of Women in Africa, 2003).

### **Level of education and knowledge of maternal mortality**

The result of the study revealed that the educational level of respondents is related to the knowledge and perception of maternal mortality. The higher the level of education of the legislators, the higher the knowledge and better perception of maternal mortality. Respondents with HND/first degree have higher knowledge of maternal mortality than their counterparts who have OND/NCE and Secondary School Certificate. Previous study also supports this finding (Lawoyin et al, 2007)

### **Implications of the findings for reproductive health promotion and education**

The findings of this study have several implications for planning, development and implementation of sensitization and advocacy programme for legislators in Ibadan and Nigeria as a whole. It is essential to provide legislators with current evidence based information on maternal mortality to increase their knowledge of the situation and to encourage them to develop relevant, scientifically appropriate solutions to the problem. Message should focus on providing accurate statistics as well as graphic narratives of the illustrative cases, and on explaining how the problem needs to be tackled, ideally using the experiences of other countries.

Unfortunately, no formal forum exists for legislators in Nigeria to discuss matters related to women's health. The parliament of Ghana has a caucus that meets regularly to share information on reproductive health issues (Ghana Statistical Services and Macro International, 1999). This has been responsible for promoting programmes and policies designed to improve reproductive health in Ghana. Although the Nigerian National Assembly has standing committee on health and women's affairs, this committee has done little to address women's health needs. Indeed, the Health Committee of the Nigerian Senate has repeatedly blocked legislation on reproductive health, claiming that such legislation was a ploy to legalize abortion (Sen. Daisy Danjuma, 2005). Thus, an avenue for regular sharing appropriate information with policymakers on maternal health, especially issues related to maternal mortality is needed.

### **Conclusion**

This study found that many of the legislators were not aware that maternal mortality is high in Nigeria and negative perceptions of maternal mortality existed among them. Inadequate knowledge of causes and prevention of maternal mortality were also recorded in this study. However legislators with higher educational qualifications have positive perceptions of maternal mortality. Advocacy and the integration of their suggestions into control efforts have potential for ameliorating the problem.

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